

The Boleskine Bulletin

Issue 64 September 2013

Email: boleskine_bulletin@hotmail.co.uk

Community Benefit

£500,000 per annum? This is YOUR money - Have YOUR say.

OPEN MEETING

FRIDAY 4TH OCTOBER

(See Community Trust Page overleaf)

HEARTSTART COURSE

Tuesday 17th September

3pm and 7pm

Stratherrick Hall, Gorthleck

There will be two courses -
one starting at 3pm, the other at 7pm .

Run by the **N.H.S.** in conjunction with the
British Heart Foundation.

Depending on outcome and attendance there may be an opportunity to introduce a **Community First Responder Team** to cover this area. Over the coming weeks information leaflets will be circulated to each household and posters in the usual places.

Contact neil.kirkland@hifrs.org

PUBLIC NOTICE

Highland Council
Ward Forum - Aird & Loch Ness

POLICE & FIRE SERVICES

Tuesday 10th September

Stratherrick Hall

7 p.m. to 9 p.m.

(Doors open 6.30 p.m.)

BUS TIMES CHANGE

(SEE PAGE 11)

Community Website www.stratherrick.net

OPEN DAY
STRATHERRICK AND FOYERS
COMMUNITY TRUST
FRIDAY 4TH OCTOBER
2.00 P.M. – 9.00 P.M.
STRATHERRICK HALL

Come along to the open day and learn more about the Community Trust, see the results of the recent community survey and have the opportunity to add your thoughts and ideas so that you can help shape how the Trust spends the community benefit funds in the future.

In the evening, from 7.30 p.m., the Trust will hold an open meeting so that the community can ask questions about the Articles of Association (Constitution) and discuss the ideas for the future.

Logo Competition

The Trust would like all the schoolchildren in the area (primary and secondary) to take part in a competition to develop a logo for the Trust.

Further information on the open day/open meeting and on the logo competition will be displayed on the website, in notice boards and in key locations later in the month.

Transport Survey

During August there has been a transport survey taking place in the South Loch Ness area to establish current transport provision and to find out the views and needs of those living here. The closing date for completing the survey online was the 27th August. It was circulated by email.

Point of contact is Sheila Fletcher on 01397 706 044 or e.mail smif7@aol.com if you have missed the opportunity to take part and wish to have your needs considered.

Apprenticeship Scheme

The Stratherrick & Foyers Community Trust is seeking applicants for our Apprenticeship Scheme which is open to any young person from the area.

Preference will be given to local employers but employer could be from out with the area. If you are a young person who would like to follow a modern apprenticeship or an employer who would like to take on an apprentice please contact Sharon Ferguson - Director on 01456 486771 for more information.

WHY WAS LOCH MHOR SO LOW ?

LOCH MHOR was very low for much of the summer because Scottish and Southern Energy are undertaking a maintenance and upgrade project at the Foyers 300MW Pumped Storage Hydro Power Station.

Electricity has been generated in the Foyers area since 1896 when it served the aluminium smelter until its closure in 1971. In 1974, the Foyers combined pumped storage and conventional hydro scheme began operating. The maintenance programme will replace a number of key components which will help ensure the power station continues to operate reliably and efficiently for many years to come.

The first item is an internal crane 'trolley' assembly which is used during regular maintenance and servicing operations and will be capable of lifting up to 95 tonnes once replaced. The existing trolley has been in operation since 1974. The new trolley assembly has been manufactured and delivery to Foyers is anticipated on the afternoon of Thursday 5 September. It will be delivered by road from the A9 via Dores to Foyers using an abnormal load vehicle, under Police escort.

In 2014 SSE will also be replacing the two power station main inlet valves which were last overhauled in the early 1990's. These deliveries, which will take place over two days, are expected in early November 2013.

**WARNING: LARGE LOADS BEING DELIVERED
5TH SEPTEMBER (AFTERNOON) and EARLY NOVEMBER 2013**

HOW WILL THE COMMUNITY BENEFIT FROM A CAMPSITE?

This article has been written by Donald Forbes,

Franchisee, Loch Ness Shores Camping & Caravanning Club Site

Twenty years after getting the chance to buy Foyers Mains Farm, which my family had tenanted for generations, I feel that at last I have been able to do something that will help to stop the decline of the area.

As one of only a small number of people left in the village that can remember what a vibrant community it once was, I realised that the loss of our remaining services would be the end of the village I once knew. I was determined to stop that happening. We investigated a number of options; sheltered housing in the old steading, giving the steading to the community to convert into a village hall, etc., but the cost of all options we looked at were either prohibitive or declined by the community.

Why a campsite? Because it doesn't duplicate services offered by other businesses, albeit we will have a small site shop, which is a prerequisite for a Club Site. Also research carried out by the C&C Club showed that their members staying on campsites spent an additional £30+ per pitch per day in the area. Those of you who have been in the shop and Craigdarroch recently will have seen the increase in trade the site has brought to them, along with to a lesser extent, Foyers Bay House, Foyers Bay Lodges, Whitebridge Hotel and Dores Inn. We are particularly pleased that the campsite was one of the contributing factors that motivated Martin and Elinor Donnelly to open up "Am Fuaran" pub at Craigdarroch, our first pub in the village for well over a decade. And isn't it great to see it so well used by so many locals and campsite visitors alike?

The campsite has also provided opportunities for new businesses. WildNess offers land-based activities, including bushcraft, geocaching, archery and guided walks and Explore Highland now offer canoeing and kayaking from Foyers. These activities are open to anyone living, working or visiting the area.

Feedback from our campers and numerous members of the community is very favourable, but we all realise the site will need a year or two to mature, once landscaping starts in the autumn. We are making on-going improvements to road signs etc. based on feedback both from other stakeholders including the community. However, the overwhelming feedback we have had is that this area with its outstanding beauty has much to offer that people weren't aware. My wife Lyn, Colette, and Mark (our managers) and I are getting much pleasure in encouraging visitors to enjoy the area using leave no trace principles.

Over a period of 40 years the synergy that existed in Foyers has been lost. People no longer work, socialise and pray together as they once did. We have lost our churches, church hall, Foyers Hotel, the B.A. Social Club (which provided lots of activities for young and old alike) along with tennis courts, bowling green, shops and petrol stations. The factory field used to be the home of Boleskine shinty team, which moved when Farr could offer better facilities. Those of you that remember their home games down at the factory field, will remember how the communities of Stratherrick and Foyers came together every second Saturday during the Shinty season to support their team, which won the Sutherland Cup in 1964 and 1966 and many other trophies besides.

At its peak, businesses in Foyers supported around 300 jobs and 100 pupils in the school. We have no illusions about the future, but we do hope we, along with other businesses in the area, have halted the decline.

The Great Glen Canoe Trail, South Loch Ness Trail and National Cycle Network have all brought additional people into the area, looking for hotels, B&B, and camping. There is lots of evidence that the people we are attracting are nature lovers, who didn't realise that the fauna and flora on the south side of Loch Ness was so spectacular. They are here to enjoy it and it would be selfish of us not to share!

Donald Forbes



STRATHERRICK CUP



This magnificent Silver Rose-Bowl Trophy has recently come to light, and although obviously part of the heritage of Stratherrick, your help is needed to provide any information on the background to its original donation and any winners of the competition.

Dating from 1933, it is inscribed 'Stratherrick Cup' presented by J. W. Hall, Esq. for Badminton Competition to Stratherrick & Foyers Clubs – 1936.

It has been suggested that the J.W. Hall was Jack Hall, a sheep farmer at Garthbeg, and possibly someone in the community can confirm this or provide any further information. If anyone in the community has any information on this beautiful trophy, or can make any suggestions regarding avenues for further investigation than please contact:- Hugh Nicol, Stratherrick Hall Management Committee on 01456 486350

UPDATE ON FOYERS PUBLIC SCHOOL MEDAL (Featured in BB March 2013 Issue)

Did any of our readers manage to find out anything about Catherine McFadyen who received the Dux - Girl medal in 1909 ? Does anyone know of the McFadyen family? Did your Grand-parent or Great -Grandparent ever receive a Dux Boy/Girl medal when at Foyers School? The BB has been told that the 1909 medal is now on display at Foyers School.

INGLES CROSS

Whilst attending a lecture on Highland memorial cairns given by Glenurquhart man Fraser Mackenzie in Inverness last year, who mentioned that apart from Cairn Bhean Ardochy he had no records of other memorial cairns on south side of Loch Ness . I related to Fraser a conversation I had with Hamish MacLennan a few years earlier, concerning the tragic shooting accident resulting in the death of his great uncle Robert in 1906. Robert Ingles age 29, who was the son of the Killin estate head gamekeeper Adam Ingles, received shotgun injuries on 15 Aug which he died from a fortnight later. As a memorial a cross on a metal pole was erected on the spot where the accident happened. I spoke to retired local keeper Eddie Fraser, who recalled as a young man seeing a cross on Killin moor in 1965. By a strange coincidence around the same time, one of the under keepers at Garrogie told head keeper Norman Stoddart of a bent pole sticking out of the peat hags on Killin Moor . Both Norman and I concurred, that this was all that was left of Ingles Cross and invited interested parties to visit it, in view to doing repairs.

On 10 August, Fraser, Hamish, Norman, Alister Chisholm & David Brown set off to visit the site, carrying with them a metal cross member to re-make the cross provided by Eddie Fraser, who unfortunately could not make the trip . Once located, the pole was straightened, painted, cross-member fitted and a small cairn erected round its base with a surround of heather divots to stop erosion. Hamish was delighted with the efforts and intends in the future to get an inscription plaque made for the pole.

Alister Chisholm



LETTERS/POSTS

SCHOOL TRANSPORT WHITEBRIDGE – INVERNESS

For the past 6 months IRA pupils from the Whitebridge/ Gorthleck/Errogie area have experienced a rather convoluted journey to school.

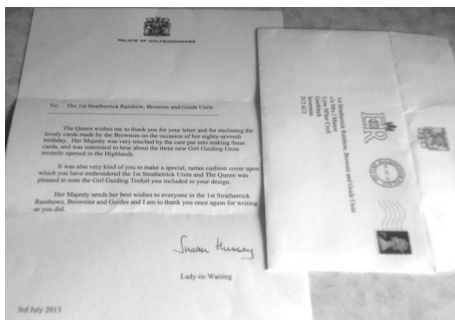
At Torness junction they have to get off the No18 and transfer to another bus which takes them via Achanabat to Dore. The bus then sits at Dore for between 15 and 20 minutes until its scheduled departure (running in tandem with the Foyers – Dore bus). At Dore the pupils are allowed free rein and can get off the bus without supervision and wander around the village.

I contacted Margaret Davidson and raised my concerns with this arrangement. Stagecoach's response was that this was a temporary arrangement due to the overflow of pupils on both the Foyers and Whitebridge buses. However my main concern was the safety of the pupils at two flashpoints on their journey; 1) transferring buses on a main road at Torness & 2) safety in Dore when unsupervised.

Stagecoach has now informed me that a new timetable will be introduced in early September to address this issue. It appears that pupils West of Torness will have a later departure time and an earlier return from school as they will travel on a separate bus via Dore. I am sure pupils will enjoy a longer lie in the morning!

However I am still in discussion with Stagecoach and Highland Council as I do not believe the route via Achnabat is suitable for large coaches/buses particularly in the winter months.

Catriona Fraser



A LETTER FROM HER MAJESTY THE QUEEN

The Stratherrick Brownies made 12 cards for H M The Queen for her Official birthday in June . A lovely letter of thanks was sent to the girls from Holyrood Palace by Her Lady in Waiting.

Along with the birthday cards, the Brownies also sent a gift of a tartan cushion cover made by Alan Bleith here in Gorthleck.

Jane Mason, Brown Owl



LOCH NESS LUVVIES



A Great Big 'Thank You' to everyone who came along and supported us at our latest production 'Old Actors Never Die'. The Friday performance was slightly jittery, Saturday's was more confident; we hope you enjoyed it, whichever night you came along to.

Thanks also go to all those who manned the door, sold raffle tickets, provided the refreshments and all the other 'behind the scenes' work that is essential to any performance going ahead. Special thanks to Graham and Calum for sound and lighting, Ollie for the set, Zoe for prompting – we are so lucky to have such brilliant people working with us and Frances Abbot did an amazing job directing such a motley crew as we are!

We are already starting to look for our next venture and will keep you updated when more details become available. Until then dah'lings, toodle oo.

Loch Ness Luvvies

Dear Ed,

I would like to thank everyone for all the get-well cards and best wishes for a speedy recovery.

Unfortunately, due to a set-back, I have been unable to return to work as quickly as I had hoped. I hope to resume work soon. **Thank you all!**

Stewart Goodwin

HERE 2 THERE

LOCAL MUSICIAN

RELEASES HIS FIRST SOLO ALBUM

Local fiddle-player and composer, **Adam Sutherland**, released his first solo album earlier this year. It was recorded in front of a live audience in Ullapool's Ceilidh Place and is entitled "SQUALL". Adam composed the title track to reflect his love of the ever-changing and exciting Highland weather; the winds and calm moments, often followed by a rainbow. I don't think he mentioned the horizontal rain!

(The BB took this information from Adam's website
www.adamsutherland.co.uk)

Flu Clinics for 2013 on 9th & 11th October

We have ordered our flu vaccines and expect them to arrive in the first week of October. We have provisionally set our open days for giving flu vaccines as the 9th and 11th of October for anyone over the age of 65 and for under 65's in the at risk group. Please look out for our website www.foyersmedicalcentre.co.uk or posters in the Medical Centre and Foyers shop to confirm these dates nearer the time.

Immunisations

There have been a lot of changes to the immunisation program.

- Pregnant women are now offered flu vaccine and whooping cough vaccine.
- This year, for the first time, flu vaccine will be offered to all children age 2 and 3. It will be a nasal spray, kids will be pleased to know and it should be available in October. By 2015 all children age 2 to 17 will be offered flu vaccine.
- For infants a new rotavirus vaccine, to prevent severe vomiting and diarrhoea caused by the rotavirus, is now given at 2 and 3 months of age.
- From the 1st of October there will be a shingles vaccine available to those aged 70 and 79 years old. Over the next few years those between 71 and 78 will also be offered the vaccine.
- Teenagers will be offered a meningitis C vaccine booster and if any have missed the MMR vaccine they can get that as well.

For more information please go to www.immunisationscotland.org.uk or speak to Drs Gregor or Lesley Mackintosh at Foyers Medical Centre.

COMMUNITY TRUST DIRECTORS:

Willie Fraser (Chair); Lyn Forbes (Vice Chair)
Graeme Ambrose ; Morag Cameron (CC)
Sharon Ferguson; Sally McGuire (CC)
Paula Page ; Fraser Ross; Ros Rowell (CC)
Justin Sharp

HIGHLAND COUNCIL CONTACTS

Our Highland Council Ward is Ward 13 - Aird and Loch Ness

Helen Carmichael Tel: (01463) 782555 E.mail:helen.carmichael@highland.gov.uk
Margaret Davidson Tel/Fax: (01463) 861424 E.mail:margaret.davidson@highland.gov.uk
Drew Hendry Tel: (01463) 811480 E.mail:drew.hendry@highland.gov.uk
Hamish Wood Tel: (01463) 712530 E.mail:Cllr.Hamish.Wood@highland.gov.uk
The ward manager is Charles Stephen Tel: 01463 724246 Email: Charles.Stephen@highland.gov.uk

Sunday 29th September

LOCH NESS MARATHON

ROAD CLOSURES

The race starts at 10.00 a.m. at the high ground above Whitebridge on the B862 (the viewpoint). The runners will come out of Inverness in coaches before 7.a.m. Unlike previous years however, most of the coaches will now travel along the other side of Loch Ness and come up from Fort Augustus.

The following roads will be closed throughout the rest of the day:

Viewpoint – Dalcrag Junction	07.00 - 10.30 a.m.	Dalcrag Junction – Foyers	09.45 - 11.30 a.m.
Foyers – Inverfarigaig	10.15 - 12.00 a.m.	Inverfarigaig – Dores	10.30 - 13.30 a.m.

To travel between Foyers and Inverness during the day it will be possible to drive along Glenlia, up the pass onto the Errogie road and so into Inverness. For all information regarding the marathon see their webpage www.lochnessmarathon.com

Loch Ness Marathon are to award a prize to the first local runner to finish in the Loch Ness Marathon and 10k .

If you are running and from the Stratherrick and Foyers area please contact Morag Cameron.

Stratherrick and Foyers Community Councillor on ALIMOGLLENLIAFARM@AOL.COM or 01456486475

Training to deal with Road Traffic Collisions

In a big city it is unlikely that the Fire crew will personally know those involved in a road traffic collision. However, here in Stratherrick the opposite is the case and we are all acutely aware of the sensitivities required and emotions experienced at any such event. We deal with such situations as professionally as we can and, once it is clear what needs to be done to rescue any injured persons, then our training kicks in and we set about working to get them out of the vehicle as quickly as possible.

At any road traffic collision where injured people may be trapped in their vehicles, there are a number of priorities which colour our actions. First, there is a high likelihood of spinal injury due to the impact. Second, there are secondary potential hazards that require controlling. Third, we must work in tandem with other services including Ambulance staff etc. Fourth, we must be mindful of the 'golden hour'.

In a traffic collision, the sudden stop or violent motion of the vehicle is most likely to cause spinal injury. This may not be obvious in the casualty at first but very small movements of the neck can result in dramatic escalation of the severity of injury. We therefore take great care to hold the casualty in as stable a position as possible right through the rescue. This is why you see fire crews training to break windows and to cut off the roof or sides of a vehicle because, in doing so, we can create maximum space to allow us to lift the person out of the car without them having to move much at all.

Secondary hazards include not only other traffic but also the vehicles involved in the incident themselves. A car on its side or roof is very unstable and any jolting or rocking could again result in worsening the level of injury to those trapped inside. We therefore stabilise the vehicles using chocks, blocks and winches. Other secondary hazards include the potential for fire from fuel spills, bursting airbags, snow or driving rain, other speeding traffic and all have to be controlled quickly at the scene.

Ambulance staff are key personnel at any road traffic collision and Paramedics will make decisions on the urgency with which we need to extricate the casualties. With Police controlling other traffic, it is the Paramedic and Fire & Rescue team who will perform the rescue. Teamwork and good communication are key.

Our fourth and final priority is the 'golden hour'. If the casualty is able to receive hospital-based treatment within one hour of being injured then there is a much higher likelihood of survival/recovery. We therefore train to stabilise and cut open vehicles at speed. This is a noisy, heavy and messy job but, with regular training on vehicles donated to us, we are able to hone the skills required and thus be ready for the real thing when it occurs.

Any road traffic collision is of course a traumatic time for all involved and your local Fire & Rescue team members are training hard to help whenever we are needed.

Foyers Fire & Rescue team

**We hope our articles will persuade you to look around your own properties and make sure that you are 'fire safe'.
We can help with this and.....for a FREE Home Fire Safety Check from our team call FREEphone 08000 12 13 12 or, for
more information, visit www.hifrs.org and click on the "Community Safety" page link on the left hand side**

Forestry Commission Open Day

At a recent Open Day in Stratherrick Hall the Forestry Commission provided an overview of forest planning activities. There are to be extensive felling operations over the next 10 to 15 years. The period 2013 to 2014 will see double the extraction that took place two years ago (operations were limited last year at the request of the community). During 2014 to 2015 there will be a further increase.

Much of the felling in the area is to mitigate disease which is spreading through the stands of Lodgepole. The fear is that Scots Pine (a native tree, thought to have a stronger resistance to the new pests) could become widely infected. The forest roads will be upgraded to accommodate the haulage lorries thus limiting disruption to the public roads. The upgrade will take approximately 5 years to complete.

Access along these forest roads for walkers will only be restricted temporarily but their appearance will be much changed. Next year Glen Liath will be closed for a couple of months to enable extraction to take place on the steep ground above the road which carries the power line down to Foyers.

Further drop-in days and Community Council updates will be organised to keep everyone informed.

Another worry for us all is the spread of an infection affecting Juniper. Juniper is native and a pioneering species, an important element for biodiversity. If you see any dead or dying juniper anywhere please contact the FC preferably with a grid reference and a photograph to **Giles Brockman, Forestry Commission, Smithton, Inverness IV1 7NL. 01463 791575.**

UPDATE ON RENEWABLE ENERGY SCHEMES

WIND

Stronelairg - The Scottish Government will decide whether to grant permission to Scottish and Southern Energy (SSE) for the 67-turbine farm at Stronelairg on the Garrogie Estate. It would be the biggest wind farm in the Highlands if approved. Councillors in Inverness decided to back the plans despite more than 130 representations against the scheme. Margaret Davidson supported the plans, saying few local residents were hostile to the scheme because the turbines will not be visible from their homes. (*Courier 8th April*) The John Muir Trust has lodged a petition to the Court of Session for a judicial review of the decision by Highland Council. The decision went against the national interest objection from Scottish Natural Heritage which stated that the development, spread over an area of 35 square kilometres (one and half times the size of Inverness), would destroy the character of one of Scotland's key areas of wild land.

Dell - There will be a presentation by the developers on **Tuesday 17th September** at the CC meeting 7.00pm Stratherrick Hall. Planning application has not been submitted - 20 turbines. *The windfarm is expected to provide community benefit of more than £200,000 per year - split with Fort Augustus.*

Corriegarth - Planning permission is still awaited for the additional 3 turbines, change in turbine size and rerouting of some access tracks. *(If consented may lead to improved Community Benefit)*

Dunmaglass - SSE acquired Dunmaglass wind farm from RES in May this year. The works on the B851 will be completed shortly. SSE plan to begin works in August. This will include the upgrade of the existing track; the development of the borrow pit; two timber deck bridges; on-site sub-station platform; and the main site compound. During construction there will be an increase in the number of Heavy Goods Vehicles on the B851. The borrow pit when open will reduce this number. The main construction work will begin next Spring and is expected to be completed during 2016. Two CC representatives will attend the next Community Liaison Group meeting at the end of August. Contact: marianne.townsley@sse.com or phone 01463 728069. www.sse.com/dunmaglass

HYDRO

Knockie – Forestry Commission land – pending planning decision.

Fechlin/Garrogie – 3 run of the river schemes. Permission granted. *Benefit negotiations ongoing.*

Glenbrein – Dell estate - 350kw run of river Allt Breineag, Allt a Choire Dubh & Allt Dubh Cuil na Creige with a powerhouse by confluence with Allt Breineag. – pending decision.

Aberchaldier - Planning consent 2012. Construction is expected to begin 2013; fully operational during 2014.

Torness – Substation

SSE informed the community council on 20th August that their preferred site for the substation was at the junction of the cork screw road and the B862 at Torness. It will connect the power lines from the Dunmaglas and Coiregarth windfarms to the National Grid. The equipment will be at least 12 meters high and two new replacement pylons whose height has yet to be confirmed. The principal reason for selecting this site was that this was the cheapest option for SSE. SSE will be presenting further information in the near future. There will be no community benefit.

On the other side of the Loch

* The 20-turbine Millennium wind farm was opened by Falck Renewables in 2009 in the hills north of Invergarry and southwest of Invermoriston and Fort Augustus.

* In November, RidgeWind Ltd was given approval for a 25-turbine Beinneun wind farm to the west of Invergarry.

* A decision is expected from the government soon on plans by Scottish and Southern Energy for a 36-turbine farm at Bhlaraidh, Glenmoriston..

* E.ON unveiled plans in January for a 36-turbine development on the hill above Fort Augustus.

* Druim Ba -23 turbines between Kiltarlity and Drumnadrochit. Minister refused consent 16th July.

Highland Council is to chair a meeting between the Community Trust Directors and the Community Council in the hope of resolving their differences of opinion about how the Trust is run. At present, Community Benefit is paid directly to the Community Trust but there is disquiet about how the Trust is currently managed. The Trust is a Private Limited Company run by a Board of Directors, only 3 of whom are elected. It could be a fully elected Board, proposed and voted for by the people of Stratherrick and Foyers.

FOYERS SCHOOL

Good luck to Ishie Cameron on her moving up to Inverness Royal Academy. Ishie is the only pupil from Foyers going up this year!



Ishie received the first ever Citizenship Cup at Foyers School for being kind and considerate, helpful and supportive to others and using her own initiative.

This cup will now be presented to a child from Foyers Primary who can show a caring, helpful attitude within school and the community at the new monthly Citizenship assemblies.

If anyone in the community sees/hears of this kind of attitude please contact the school so we can celebrate and let the children know that their good attitude doesn't go unnoticed. These assemblies will be open events to the parents and community with tea and coffee afterwards.

*
* **Inland, Upland and Cold – Gardening on the Edge** *
*
* Weren't the roses wonderful ? Our temporary Mediterranean climate suited roses and gardeners alike. *
*
* Earlier in the season I was seriously worried about some of my evergreens but they have recovered to some extent. The *
* plain leaved *Aucuba japonica* (usually *spotted* laurel) which is a really tough plant shed some scorched leaves and suffered *
* from stems dying back. A miniature hedge of *Teucrium chamaedrys* (germander) which had never died back before, was a *
* mass of dead stems. I took samples of these in June to the Garden Scotland show where there is a team of experts from *
* the Royal Caledonian Horticultural Society (The Caley) on hand to answer queries. If I had thought about it I suppose I *
* could have worked out the answer for myself. The title of these articles is a clue. *
*
* I was told that my evergreens were so stressed by the long, cold spring, drought, frost and fierce winds, that they could not *
* take up the nutrients that they needed from the soil – hence the damage. I was advised to feed them well immediately and *
* all summer and to mulch them for the winter. I have been following this advice and hope they won't struggle so much next *
* time. *
*
* Recently I've been trying to keep up with this year's harvest of soft fruit. One red currant bush yielded about 3 kilos and *
* blackcurrants and gooseberries have likewise done well. The pea and bean crop was good. There is plenty of lettuce and *
* lots of Swiss chard and spinach beet and for once the voles did **not** eat my beetroot! *
*
* I hope you have had a successful season too with a bountiful harvest to come. *
*
*

Wee Gairdner

BOOK CLUB UPDATE

The local Book Club has been going successfully for 8 years now. In that time we have diligently read through 80 books. We have tried to vary the subjects, choosing classical, travel, autobiographies, histories, detectives and of course novels. Jean Marshall, the founding member, starts off with a very comprehensive review of the current book and we follow with our own, very often varied, opinions. Occasionally one of us dislikes the book so much we cannot finish it - but this rarely happens.

The number of members has to be restricted to about 8 as the meetings are held in rotation in each other's homes, There is a waiting list for anyone interested in joining(Contact Jean Marshall on 486758). Two of our members moved away recently and their places have already been filled.

We buy second-hand paperbacks or cheap copies from Amazon as none of us wish to buy expensive hardbacks. Our first book was "Life of Pi" and the current one is "The Painted Veil" by Somerset Maugham.

The Book Club has benefited me in that I have begun to really enjoy reading a novel again.

Buddy MacDougall

Revised B U S Timetables

SERVICE 16 INVERNESS-FOYERS	MONDAY TO FRIDAYS						SATURDAYS	
	Sch.	NSch.						
Upper Foyers	07.55	08.04	09.55	11.55	13.55	16.20	09.00	13.30
Lower Foyers	08.00	08.09	10.00	12.00	14.00	-----	09.05	13.35
Inverfarigaig	08.07	08.16	10.07	12.07	14.07	16.27	09.12	13.42
City Centre	08.45	08.54	10.45	12.45	14.45	17.05	09.50	14.20
				Sch.	NSch.			
City Centre	09.00	11.00	13.00	15.15	15.30	17.50	12.30	18.10
Inverfarigaig	09.38	11.38	13.38	16.08	16.08	18.28	13.08	18.48
Lower Foyers	09.45	11.45	13.45	16.15	16.15	18.35	13.15	18.55
Upper Foyers	09.50	11.50	13.50	16.20	16.20	18.40	13.20	19.00

SERVICE 18/114 WHITEBRIDGE - INVERNESS	MONDAY TO FRIDAYS When schools are open						MONDAY TO FRIDAYS When schools are closed					SATURDAYS	
	114	114	118	18	18	114	18	114	18	18	18	18	18
Raigmore Hospital				13.35						13.35			
Retail Park Tesco				13.45						13.45			
Inverness Bus Station	06.34	06.43	08.05	13.50	15.10	15.10	17.50	06.19	08.10	13.50	15.10	17.50	10.00 16.20
Inverness Royal Acad.			08.14		15.35	15.35							10.10 16.30
Dores Inn	06.55	07.04				15.51		06.40					
Dunmaglas road end			08.40	14.25	16.05		18.30		08.50	14.25	15.45	18.30	
Tomess – Coulanour Jct.									08.55				10.47 17.07
Tomess	07.07	07.16	08.50	14.35		16.03		06.52		14.35	15.55		
Tomess – Coulanour Jct	07.13	07.22	08.55	14.40	16.12	16.09		06.58	08.55	14.40	16.00		
Errogie	07.18	07.27	09.00	14.44		16.14		07.03	09.00	14.44	16.04		10.51 17.11
Gorthleck Primary Sch.			09.05										
Gorthleck	07.22	07.31		14.48		16.18		07.07	09.05	14.48	16.08		10.55 17.15
Whitebridge	07.29	07.38	09.12	14.55		16.25		07.14	09.12	14.55	16.15		11.05 17.25
Knockie Road End		07.43	09.17	15.00		16.30		07.19	09.17	15.00	16.20		
Knockie Road End		07.46	09.17	15.00		16.31		07.25	09.17	15.00	16.20		
Whitebridge	7.30	07.51	09.22	15.05		16.36		07.30	09.22	15.05	16.25		11.10
Gorthleck	7.40	07.58	09.30			16.43		07.38	09.30	15.13	16.32		11.20
Gorthleck Primary Sch.				15.20									
Errogie	7.44	08.02	09.35	15.25		16.47		07.43	09.35	15.18	16.36		11.24
Tomess – Coulanour Jct.	7.48	08.07	09.40	15.30		16.52		07.48	09.40	15.23	16.41		
Tomess	7.53	08.12	09.45	15.35	16.12	16.57		07.53	09.45	15.28	16.46		11.28
Tomess – Coulanour Jct.	7.58												
Dunmaglas road end	08.03		10.00	15.50	16.17			08.08	10.00	15.43			
Dores		08.24				17.09					16.58		
Inverness Royal Acad.	08.40	08.40		16.16									12.05
Inverness Bus Station	08.53		10.35	16.25	16.52	17.30		08.45	10.35	16.19	17.19		12.15
Retail Park Tesco			10.45						10.45				
Raigmore Hospital			10.50						10.50				

Some Whitebridge/Inverness Services 18/114 have changed. Please note new times and routes

Community website: www.stratherrick.net

CHRISTIAN COMMENT

"Trust in the Lord with all your heart and lean not on your own understanding; in all your ways acknowledge him, and he will direct your paths." Proverbs 3 v5-6 There are MANY things in life that I don't understand and at times life can seem like a very complicated maze.

At these times it is reassuring to hold onto the fact that God does understand. Jesus lived on earth as completely human and knows all the joys and pains of ordinary life - the celebration of weddings, the pain of close friends dying, feeling exhausted and friends no longer supporting him. Although he went through all this he still trusted in God and turned to Him in every situation. God did not lift Jesus out of the situation but He helped him through it as He offers to do for us also.

Iain King

Church Meetings

Church of Scotland: Sunday - Boleskine 10.00am, Dores 11.30am. Mr I. King 01463 751293

United Services for Boleskine & Dores are at 11.00 a.m. *on last Sunday of each month at alternate venues.*

Episcopal Church: St Paul's Strathnairn – Sunday 11.00am.

Free Church: Sunday 4.30pm Errogie. Mr S. McLure, 01456 486435

Free Church Continuing: Sunday 11.00am & 6.30pm, Wednesday 7.30pm. Dores Mr D. Fraser 01456 486408

Free Presbyterian Church: 12 noon, Gorthleck, every 4th Sunday. Mrs E. Fraser 01456 486282

Roman Catholic Church: 12.30 pm, alternate Sundays, Whitebridge. Contact : 01463 232136

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A FEW SCOTTISH WORDS

HOTTER - to bubble,boil steadily

BOWK - to retch, to vomit

FEART - afraid

NEEPS - turnips (mashed)

TATTIES - potatoes (mashed)

CALLING ALL GIRLS



RAINBOWS IS FOR GIRLS AGED FROM 5-7 YEAR OLDS.

BROWNIES IS FOR GIRLS AGED FROM 7-10 ½.

GUIDES IS FOR GIRLS AGED FROM 10 ½ - 14.



GUIDES

NEW TO STRATHERRICK - STRATHERRICK IS GAINING THREE GIRL GUIDING UNITS WHICH ALL MEET ON THURSDAY NIGHT IN STRATHERRICK HALL, GORTHLECK.

RAINBOWS, BROWNIES AND GUIDES ALL HAVE FUN. THEY PLAY GAMES, MAKE FOOD, CRAFT, WORK TOWARDS BADGES, LEARN NEW SKILLS, MEET NEW FRIENDS AND GO ON TRIPS.

IF YOU HAVE A DAUGHTER WHO WOULD BE INTERESTED IN JOINING EITHER OF THE ABOVE GIRL GUIDING GROUPS THEN PLEASE RING JANE ON 01456 486738 FOR MORE DETAILS

PLEASE HELP US MAKE THESE GROUPS SUCCESSFUL FOR OUR AREA.

South Loch Ness Heritage Group

The Group's next event will be at **Stratherrick Hall, Gorthleck, on Tuesday 8th October at 7.30pm**, when we will have a talk on the Highland Folk Museum at Newtonmore, by Bob Powell, its curator.

Bob will soon be retiring, so this will be a great chance to hear of and see all that has happened in the development of this fascinating museum during his long involvement with it. The Museum has artefacts originating from South Loch Ness, including the old Boleskine shinty pavilion and the font from Foyers church. **Bob's talk will be preceded by a brief AGM of the Heritage Group.**

In July, over a dozen from the Group enjoyed a most interesting visit to the Highland Archive Centre at the Bught in Inverness, admiring the state-of-the-art moveable storage system in use for the thousands of documents held there, followed by a fascinating display of archive material relating to South Loch Ness, including such items as old maps and school photographs."

Alan Findlay

STRATHERRICK CLAY TARGET CLUB

The Club held its Open shoot on June 15th in excellent weather conditions with 57 adults and 8 juniors taking part. The Trophy for high gun was won by Sam Hunter scoring 150x150, 16 yrs & under Trophy won by Alasdair MacDonell, 17 yrs & under Trophy won by William Smith and the Veterans' competition won by Willie Wilson. The Ladies cup was won by Carrie Smith. The non-international cup was won by Fred Lockwood.

An evening held for beginners attracted an entry of 22 participants of all ages; each enjoying varying degrees of success.

Further afield, two of our members, Gordon Duguid and Iain Hepburn, shooting in the Home International and British Championships in Ireland achieved the following success :- Gordon shooting in the British Open scored 99x100 (295pts) won 1st equal Scottish High Gun : 1st equal class B: 1st equal Scottish Veteran : 2nd Veterans and 5th equal in the British overall. Iain shooting in the Home International scored 289x300 attaining 3rd highest in the Scottish Senior Team. His score of 292x300 in the British Open earned him 2nd in the Scottish Seniors and 2nd highest scoring Scot over the two days' competition. Congratulations to all winners on their excellent performances.

I would like to take this opportunity, on behalf of the Club, to thank everyone within the community and beyond for their continued support.

Eddie Fraser

STRATHERRICK ATHLETIC

(Name derived from the historic local shinty team)

Hi Folks, time for an update on your friendly, non ageist, non sexist, politically correct running club.

We are still a relatively small group but remain keen to welcome new members and to tailor any of our more organised outings to whatever anyone's interests and ability might be. We extend a welcome to individuals of all abilities and in particular anyone with a sense of humour and love of the freedom to move across the surface of our planet without the aid of the infernal combustion engine. For much of the time we don't take our activities too seriously and even have a bare foot enthusiast!

In Stratherrick and Foyers we are fortunate to have a great range of routes from mountain trails to switch back forest tracks and the minor road network with scope for lots of variation and new ideas. Most days of the week someone is out there probably choosing the more sheltered forest routes when the weather is less friendly but with the choice available there is usually something suitable. And of course the terrain means that you cannot avoid the hills which confer a great advantage when running alongside flat land proponents!

For those fond of competition this is also the season of Highland Games and hill races all over the north of Scotland and of course the upcoming Loch Ness marathon and accompanying 10 kilometre races in October. These events are good preparation for the north district league inter club cross country races over the winter period when dark nights and bad weather can call for more determination, but that is what running friends are for!

If you are interested in any aspect of running activity in our area contact :

Alex Sutherland Aultnagoire Errogie or call (486 711)



Stratherrick Hall - Regular Groups

- Mondays**
- **After School Sports Club 3.15 p.m. - 4.15 p.m.** Morag 01456 486475 /Sharon 486771
 - **Keep Fit 7.30 pm** Contact Jan 01456 486233.
- Wednesdays**
- **Stratherrick and Foyers Playgroup 10.30 a.m. – 12.30 p.m.** Elinor 01456 486400
- Wednesdays**
- **Scottish Country Dancing** Contact J Borup 01456 486464
- Thursdays**
- **Guides/Brownies/Rainbows** Contact Jane 01456 486738 for details
- Saturdays**
- **Karate 10.00 a.m. – 12.00 p.m.** Contact Nicholas Walker 01456 486205

The Hall is available for hire at very reasonable rates. It is well equipped and ideal for a family party, group bookings, meetings etc. For further information and bookings please contact Pam Simpson, Beechwood, Gorthleck. 01456 486364. Emergency keyholder. Kathy Stoddart 01456 486329



KEEP FIT

STRATHERRICK HALL

Every Monday at 7:30

We have a projector, large screen and dance/keep fit DVD's. Come along and enjoy a fun, relaxed evening while making use of those dusty DVD's and doing a bit of exercise.

Cost: £2 or £3 a session, depending on numbers.

For more information contact Jan
on 01456 486233.

BOLESKINE BULLETIN - AGM

STRATHERRICK HALL 7.30PM

MONDAY 18TH NOVEMBER 2013

ALL WELCOME

REFUSE AND RECYCLING COLLECTIONS



2013	GREEN BIN	BLUE BIN
Sept	4th, 18th	11th, 25th
Oct	2nd, 16th, 30th	9th, 23rd
Nov	13th, 27th	6th, 20th
Dec	11th, Xmas ?	4th, 18th

MOBILE LIBRARY

Route 12 – Gorthleck -Whitebridge – Errogie

THURSDAYS

(Sept 12th, Oct 3rd, 24th, Nov 14th, Dec. 5th)

Stratherrick Public Hall 12.00 -12.15

Stratherrick Primary School 13.15 – 13.55

Whitebridge Old Post Office 14.00 -14.25

Errogie Bridge before 'Ark' 15.00 – 15.35

Visits every third week

Route 3 – Torness – Errogie –Foyers – Inverfarigaig

WEDNESDAYS

(Sept 18th, Oct. 9th and 30th, Nov 20th, Dec 11th)

Torness 10.30 – 10.40 ; Errogie Church 11.00 – 11.15

Lower Foyers Riverside 11.40 – 12.20

Park Terrace H/B 13.20 – 13.30

Glenlia Road 13.30 – 13.55; Primary School 14.05 – 14.40

Coach House 14.50 – 15.05 ; Inverfarigaig 15.15 – 15.40

The **Moray Firth Mobile Library** comes every 3 weeks and carries a range of adult fiction and non-fiction in standard and large print, children's' books and talking books and DVDs"

FOYERS and STRATHERRICK

COFFEE CLUB

Held on the **2ND THURSDAY** of the month

The Waterfall Café, Foyers

10am - 12 noon

All Welcome

BOLESKINE LUNCH CLUB

All Welcome

Held on the **last Friday** of the month

STRATHERRICK HALL, GORTHLECK

(October - we move back to the **WHITEBRIDGE HOTEL**)

12.30 pm

£2.00 each

To reserve your place telephone Joyce Wills

01456 486 269

Next 3 Lunches:-

September 27th (Book by Sat 21st) SE HALL

October 25th (Book by Sat 19th) HOTEL

November 29th (Book by Sat 23rd) HOTEL

**ALL WELCOME - TO AVOID DISAPPOINTMENT PLEASE
BOOK AS NUMBERS ARE LIMITED**

Singing for Fun

Start of Winter Season

The winter season of the Stratherrick singing group will start on **16.09.2013 at 7 pm.**

New singers are very welcome.

The Stratherrick singing group came into existence in June 2012. We are a group of mixed ages who enjoy the pleasure to be found in singing in a relaxed welcoming and friendly atmosphere and meet every second Monday at 7 pm. We sing mostly traditional songs mixed with modern folk songs and encourage members to bring along their favourite songs to expand our repertoire.

**Contact Christiane on 01456 486649 or
send an email: maketodaycount@web.de**

Community Website: www.stratherrick.net

SOUTH LOCH NESS HERITAGE GROUP

Stratherrick Hall, Gorthleck,

Tuesday 8th October

7.30pm,

**Highland Folk Museum
at Newtonmore**

(An illustrated talk by it's Curator, Bob Powell)

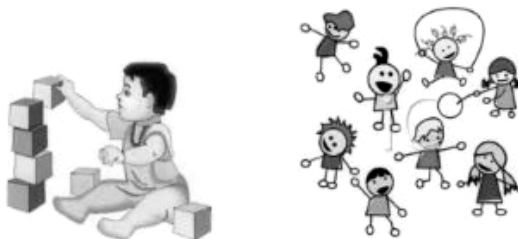
Admission Free

But there will be a collection to help cover our expenses

Bob will soon be retiring, so this is a great chance to share with him his long and in-depth experience of building up this fascinating museum, which includes among its many artefacts, the old Boleskine Shinty pavilion from Foyers.

Stratherrick & Foyers Playgroup

**For all pre-school, nursery children and babies
Every Wednesday morning 10.30 to 12.30**



At Stratherrick Village Hall, Gorthleck

Contact Elinor 01456 486400

After School Sports Club

Athletics -Tennis – Zumba – Kung-fu - Shinty

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Stratherrick Hall

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or Morag 486475 /Sharon 486771.

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01456 486738 or email us at:

Lynemhorcroft@gmail.com

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The Café is open daily for breakfast, lunch and afternoon tea. We offer a wide selection of home baking, cakes, pastries, teas and soft drinks. Freshly ground Italian coffee is prepared on our traditional Espresso machine. Open until early evening on Friday and Saturday for sit in meals or take away service.

The Café has local artists' works, photography and crafts on display and for sale.

Free Wi-Fi available. Disabled toilet.

Foyers Stores and Post Office is also open daily and offers a traditional Village Store that is well stocked with all your household needs at competitive prices. We also stock Daily Newspapers, Souvenirs, Fishing Tackle and our Off Licence has a good selection of wine and beers. There are regular deliveries of Fruit & Vegetables and good quality meats from 'Grants of Speyside'; an ordering facility is available for these products. We use local companies and suppliers wherever possible.

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Shop	Mon-Sat	9.00 am – 5.30 pm
	Sunday	10.00 am – 1.30 pm
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Café	Mon-Thurs	9.00 am – 5.30 pm
	Fri/Sat	9.00 am – 8.00 pm
	Sunday	10.00 am – 3.00 pm



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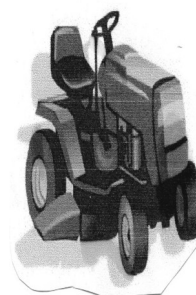
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NEXT ISSUE - DECEMBER 2013
DEADLINE - 15th NOVEMBER 2013

For articles, adverts or items to be included within
the Boleskine Bulletin please send to :
boleskine_bulletin@hotmail.co.uk

OR

Contact Jane : 01456 486355

Advertising Charges per issue:

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ITEMS FOR INCLUSION

Please send all text as a Word Document (250 - 300 words max) and photos/adverts/posters etc. as a JPEG if possible..

We will always seek permission to shorten articles if space is limited and will check the final draft with you before printing. Articles submitted to the BB will bear the author's name.

We are of course happy to receive photos, typed text and hand-written words in paper form too!

Continued thanks to our loyal Advertisers and everyone who continue to contribute articles, stories, photos etc.

BB Team

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